

**Programme for Participants of the Interreg Project ELEVATE: Age-Friendly City and Other Interested People within the framework of the Danube Networkers Meeting at the Danube Festival Ulm/ Neu-Ulm, 8–10 July 2026**

**Registration required (limited number of participants).  
German–English interpretation/translation required.  
Programme subject to change.**

**8 July 2026**

**Morning Session: Age-Friendly City – Active and Proactive Ageing (Third Age)**

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| <b>08:30</b>         | Welcome Venue: <i>Verschwörhaus</i> , Weinhof 9, Ulm  |
| <b>09:00 – 10:45</b> | Venue: <i>Generationentreff Ulm/Neu-Ulm</i> , Grüner Hof 5, Ulm <ul style="list-style-type: none"> <li>- Brief welcome by the host, <b>Dieter Lehrmann</b></li> <li>- Presentation of the <b>Ulm Senior Citizens’ Council</b>: functions and activities<br/>Speaker: <b>Ms. Eichenhofer Fröscher</b>, Chairperson</li> <li>- Presentation of the <b>Generationentreff Ulm/Neu-Ulm</b><br/>Speaker: <b>Dieter Lehrmann</b></li> <li>- Presentation of <b>Senior Education at Ulm University</b><br/>Speaker: <b>Dr. Markus Marquard</b></li> </ul> |
| <b>10:45</b>         | Coffee break (coffee and pretzel)   |
| <b>11:00 – 11:20</b> | Tour of the Generationentreff   |
| <b>11:30 – 12:00</b> | Meeting with a representative of the City of Ulm (at City Hall or the Generationentreff)  |
| <b>12:30</b>         | Lunch at the cafeteria of <b>Bethesda Senior Centre</b> , located on the Danube riverfront/Zollernring  |

**Afternoon Session: Age-Friendly City – Support for Older Adults Requiring Assistance (Fourth and Fifth Age)**

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| <b>13:15</b>         | Welcome by <b>Prof. Michael Denking</b> , Director of the Agaplesion Bethesda Clinic                          |
| <b>13:30 – 14:15</b> | Fall Prevention Programme / Falls Outpatient Clinic<br>Speaker: <b>Vanessa Haug</b>                           |
| <b>14:15 – 15:00</b> | “Home Thanks to Digital Technology” Programme ( <i>Daheim Dank Digital</i> ), Speaker: <b>Dr. Sarah Mayer</b> |
| <b>15:30 – 16:30</b> | Coffee at <b>Senior Residence Friedrichsau</b><br>Presentation and guided tour of the residence               |
| <b>Afterwards</b>    | Free time   |

**19:00** *Women along the Danube* event organised by the **Soroptimist Club SI Ulm Donaustadt**, Venue: *Werklabor*, Ulm Museum

Alternative: Individual programme activities at the Danube riverfront (see donaufest.de)

### 9 July 2026 Theme: Inclusion

**09:00** Welcome for all participants at the *Verschwörhaus*

Visit to **Habila Foundation – Tannenhof Ulm**, Wiblingen, Saulgauer Straße 3 (requested/to confirmed)

#### Lunch

**Afternoon** Intergenerational Living – Housing for Young and Old Together Multi-Generational Housing Project on the Kuhberg Warndtstraße 12, 14 and 16, Unterer Kuhberg Presentation by **Elke Ruff**

**18:30** Danube Networkers Community Evening (all participants)  
Venue: *Familienbildungsstätte Ulm*, Sattlergasse

### 10 July 2026 Conference: “Democracy Needs All of Us”, Venue: *Edwin-Scharff-Haus*, Silcherstraße, Neu-Ulm

**08:00 – 09:00** Registration

**09:00** Opening of the Conference **Carmen Stadelhofer**

**09:30** Welcome Address by the Mayor of Neu-Ulm **Katrin Albsteiger**

**09:45 – 10:15** Small Group Discussions *What Democracy Needs from Me – What We Need from Democracy*

**10:15 – 10:30** Keynote Input, **Dr. Markus Marquard**, ZAWiW

**10:30 – 10:50** Coffee Break

**11:00 – 12:30** Panel Discussion with Stakeholders

**12:30 – 13:15** Lunch

**13:15 – 14:15** Poster Session and Short Project Presentations

**14:30 – 17:00** Working Groups and Presentation ELEVATE

**17:00 – 18:00** Reports and Conclusions

**19:00** Joint Evening Event at the *Petrussaal*

### 11 July 2026, Community Event

**11:00 – 14:00** *Sing and Swing along the Danube*