

Workshops 10.7.2026 - 2.15 - 4.45 pm

Workshop 1 – 3 are Creative Workshops, while Workshops 4-6 are topic-oriented Workshops.

Workshop 1: Speak Up – Your Voice Matters

A Multilingual Artistic Spatial Sound Installation

Prof. Dr. Monika Miller & Prof. Dr. Sven Sauter

Workshop 2: Discovering Democracy and Ulm Through Play

Martina Spodareva and students from the Vocational School Neu-Ulm

Workshop 3: Creative Spaces for Democracy

Experiencing and Shaping Democracy through Theatre and Literature

Dr. Mirona Stanescu

The individual contributions in Workshops 4–6 are limited to a maximum of 10 minutes each.

Workshop 4: Democracy Needs Age-Friendly Living Spaces for All Ages and Ethnic Backgrounds

Contributions from different projects and perspectives:

- **Irina Panait**, UrbanSofia: *ELEVATE – Forward to Age-Friendly Cities*, an Interreg project for age-friendly cities
- **Hans-Peter Sander**, CoWorkLand: *COWORCare in a Small Town* – a pilot project for improving the balance between employment and care work
- **Stefan Zell**, BuKi e.V.: *On the Path to Participation – Roma Youth in a Hungarian Village in Northern Romania*
- **Maria Bosoteanu**, SI Craiova: *Caring for those who care*
- **Tudorita Griga**: *Engaged in Ulm – Your Volunteer Agency*

Workshop 5: Making Democracy Understandable

Project examples and approaches from different countries:

- **Ana Zlibut**, Asociata Liga Scriitorilor: *From Resistance to European Integration* – presentation of the FREI project
- **Anna Machynska**, Foster-Foundation: *Democracy & You – Participation Needs Diversity*
- **Alen Gudalo and Andrea Stok**, Youth Centre Sarajevo: *Youth Participation in Decision-Making*
- **Adla Dizdar Hodzic**, Mostar: How local democracy can create wider European impact – the example of LDA Mostar
- **Zvonimira Jakic**, Paneuropean Union of BiH: *European Integration of the Western Balkans – Opportunities and Challenges*
- **Eszter Nagy**, UEF Hungary: *Women's Networks*

Workshop 6: Women in Europe – Self-Image, Cooperation and Digital Visibility

- Sabine Geller, danube connects, Moderation
- **Veronika German**, WegZeichen: *Stories of Hungarian-German Women*
- **Ljiljana Cumura**, GRUK: *Tracing Danube Swabian Heritage in Bačka Palanka, Serbia*
- **Katalin Bachmann**, Hungarian-German State Museum Tata
- **Christina Arnold**, VUDAK Journalist
- **Christiane Pordes**, The World of NGOs
- **Katharina Eismann**, author